



ST. JUDE

CATHOLIC CHURCH

March 1, 2026

Blessed Carlos Manuel Hispanic American Center

Masses / Misas

Weekdays:

Mon - Fri 7:30 AM (English)

Wed 7:00 PM (Spanish)

Saturdays:

7:30 AM (1st Saturday of the month only)

4:00 PM (Vigil) (English)

7:00 PM (Spanish)

Sundays:

7:30 AM, 10:30 AM (English)

9:00 AM, 12:00 PM,

1:30 PM (Spanish)

Portuguese Mass

6:30 PM

(1st and 3rd Sunday of each month)

Confessions / Confesiones:

(English & Spanish)

Wednesday:

6:00 – 6:50 PM

Saturdays:

3:00 – 3:45 PM

6:00 – 6:50 PM

Sundays:

Half hour before Mass or by appt.

Media hora antes de Misa o por cita.



3930 - 17th Street, Sarasota, FL 34235

Telephone: 941-955-3934 Fax: 941 - 365 - 4760

Parish Emergency Phone : 941-993-9895

Office Hours/Horas de Oficina

Mon-Fri / Lunes-Viernes 9 a.m. - 5:00 p.m.

Baptism / Bautizos

Baptisms and baptism classes in English are scheduled by appointment. Please call the office to sign up.

Clases de Bautismo son el primer y el tercer jueves de cada mes a las 6:30 p.m. Los Bautizos se celebran los sábados a las 9:00 a.m.

Registrarse en la oficina. Traer el **Certificado de Nacimiento**.



WWW.STJUDESARASOTA.ORG



St Jude Catholic Church



st.judeparish

Clergy / Office Staff

Rev. Jiobani Batista, Pastor

pjbatista@stjudesarasota.org

Rev. Christian Chami, Parochial Vicar

frchami@stjudesarasota.org

Rev. Juan Daniel Petrino, Parochial Vicar

frdaniel@stjudesarasota.org

Deacon Humberto Alvia

DcnHumberto@stjudesarasota.org

Deacon Sam Pellerito

Pelleritosamuel@gmail.com

Deacon Leonardo Pastore

Bonfogo54@gmail.com

José A. Benítez - Religious Ed.

jose@stjudesarasota.org

Janet Figueredo - Accountant

janet@stjudesarasota.org

Migdalia DeLong - Office Asst.

migdalia.delong@stjudesarasota.org

Suria Reyes - Office Asst.

sreyes@stjudesarasota.org

Mass Intentions / Intenciones de Misa

2-March	7:30 AM	† Helen McNally
3-March	7:30 AM	† Joan Meyers
4-March	7:30 AM	† Philip L. & Peter Aaron Goyette
	7:00 PM	For the Intentions of our Parishioners
5-March	7:30 AM	† Kenneth Koller
6-March	7:30 AM	† Jorge Jesús Verdoni
7-March	7:30 AM	† Scott Franklin
	4:00 PM	† Deceased Members of the Osika Family
	7:00 PM	For the Intentions of our Parishioners
8-March	7:30 AM	† Fred Bowie
	9:00 AM	For the Intentions of our Parishioners
	10:30 AM	† Mary Ann Paradis
	12:00 PM	For the Intentions of our Parishioners
	1:30 PM	For the Intentions of our Parishioners

Ministries / Ministerios

Meetings Info/Información de Reuniones

Ministros Extraordinarios D. Humberto Alvia

(Español)

Religious Education Coord. José A. Benitez

OCIA D. Sam Pellerito (English)

RICA Mark Taylor

Emaús (Mujeres) Maribel Guerrero

Reunión - Lunes **6:30 pm**

Emaús (Hombres) Héctor Padilla

Reunión - Martes **7:30 pm**

Young Adults Group Fr. Christian Chami

Meetings - Wednesdays **7:30 pm**

Bible Study Carmen Rodríguez

Class - Wednesdays **10:00 am**

Grupo de Oración Jorge Gutiérrez (Español)

Reunión- Jueves **6:30 pm**

Grupo de Oración Daniela Tomazoli (Portuguese)

Reunião - Quinta-feira **7:30 pm**

Grupo de Jóvenes Julissa and Luis Pavon

Reunión - Viernes **6:30 pm**

MDS Jaime Alcántara & Cathy Colunga

Reunión - Viernes **7:30 pm**

Siervos de María María Felicier

Rosario - Viernes **7:00 pm**

Food Pantry Deborah Ansary

Homebound Eucharistic

Ministers Peggy Forte (English)

Ministros Eucarísticos para confinados en casa Carmen Rodríguez (Español)

Return to the Lord
YOUR GOD

READINGS FOR THE WEEK

Week of March 1, 2026

Monday, March 2

Dn 9:4b-10; Ps 79:8, 9, 11 and 13; Lk 6:36-38

Tuesday, March 3

Is 1:10, 16-20; Ps 50:8-9, 16bc-21 and 23; Mt 23:1-12

Wednesday, March 4

Jer 18:18-20; Ps 31:5-6, 14, 15-16; Mt 20:17-28

Thursday, March 5

Jer 17:5-10; Ps 1:1-2, 3, 4 and 6; Lk 16:19-31

Friday, March 6

Gen 37:3-4, 12-13a, 17b-28a; Ps 105:16-17, 18-19, 20-21; Mt 21:33-43, 45-46

Saturday, March 7

Mi 7:14-15, 18-20; Ps 103:1-2, 3-4, 9-10, 11-12; Lk 15:1-3, 11-32

Sunday, March 8

Third Sunday of Lent

Ex 17:3-7; Ps 95:1-2, 6-7, 8-9; Rm 5:1-2, 5-8; Jn 4:5-42 or Jn 4:5-15, 19b-26, 39a, 40-42

LECTURAS DE LA SEMANA

Semana del 1ro de marzo del 2026

Lunes, 2 de marzo

Dn 9, 4-10; Sal 78, 8, 9, 11 y 13; Lc 6, 36-38

Martes, 3 de marzo

Is 1, 10, 16-20; Sal 49, 8-9, 16bc-17, 21 y 23; Mt 23, 1-12

Miércoles, 4 de marzo

Jer 18, 18-20; Sal 30, 5-6, 14, 15-16; Mt 20, 17-28

Jueves, 5 de marzo

Jer 17, 5-10; Sal 1, 1-2, 3, 4 y 6; Lc 16, 19-31

Viernes, 6 de marzo

Gén 37, 3-4, 12-13, 17-28; Sal 104, 16-17, 18-19, 20-21; Mt 21, 33-43, 45-46

Sábado, 7 de marzo

Mi 7, 14-15, 18-20; Sal 102, 1-2, 3-4, 9-10, 11-12; Lc 15, 1-3, 11-32

Domingo, 8 de marzo

Tercero Domingo de Cuaresma
Éx 17, 3-7; Sal 94, 1-2, 6-7, 8-9; Rm 5, 1-2, 5-8; Jn 4, 5-42 o Jn 4, 5-15, 19b-26, 39a, 40-42

Message from our Pastor, Fr. Jobani Batista

A blessed Second Sunday of Lent, dear brothers and sisters.

Our universe, our world, and our own lives are always in a process of transformation. Lent, too, is a time that invites us to change and to conversion. The sadness we sometimes carry can be transformed into the joy of Easter.

Jesus, together with three of His disciples, goes up the mountain of the Transfiguration after speaking to them about His passion and death—words that filled them with sorrow. The Transfiguration reveals that every deep transformation involves pain, which is why we often avoid it. We prefer to remain stagnant, rigid, or diminished, rather than open ourselves to the newness and light God wants to show us.

Jesus teaches us not to fear the process of change. Just as He invited His disciples to come down from the mountain and face the path toward His sacrifice, He also invites us to descend into our own conversion, trusting that God walks with us.

Let us journey together toward the joy of Easter.

Blessings.

Um abençoado Segundo Domingo da Quaresma, irmãs e irmãos.

O nosso universo, o nosso mundo e a nossa vida estão sempre em processo de transformação. A Quaresma também é um tempo que nos convida à mudança e à conversão. O rosto triste que às vezes carregamos pode transformar-se no rosto alegre da Páscoa.

Jesus, acompanhado por três de seus discípulos, sobe ao monte da Transfiguração depois de falar-lhes sobre sua paixão e morte — palavras que os entristeceram profundamente. A Transfiguração revela que toda transformação verdadeira envolve dor, e por isso tantas vezes a evitamos. Preferimos permanecer estagnados, rígidos ou empobrecidos, sem nos abrir para a novidade e a luz que Deus deseja nos mostrar.

Jesus nos ensina a não temer o processo de mudança. Assim como convidou seus discípulos a descer do monte e enfrentar o caminho de sua entrega, Ele também nos convida a descer ao encontro de nossa própria conversão, confiando que Deus caminha conosco.

Un buen segundo domingo de Cuaresma, hermanas y hermanos.

Nuestro universo, nuestro mundo y nuestra propia vida están siempre en proceso de transformación. También la Cuaresma es un tiempo que nos invita al cambio, a la conversión. El rostro triste que a veces llevamos se transforma en un rostro lleno de alegría en la Pascua.

Jesús, acompañado de tres de sus discípulos, sube al monte de la Transfiguración después de haberles hablado de su pasión y muerte, palabras que les llenaron de tristeza. La transfiguración les muestra que todo cambio profundo implica dolor, y por eso tantas veces lo evitamos. Preferimos quedarnos estancados, rígidos o empobrecidos, sin atrevernos a ver la novedad y la luz que Dios quiere revelarnos.

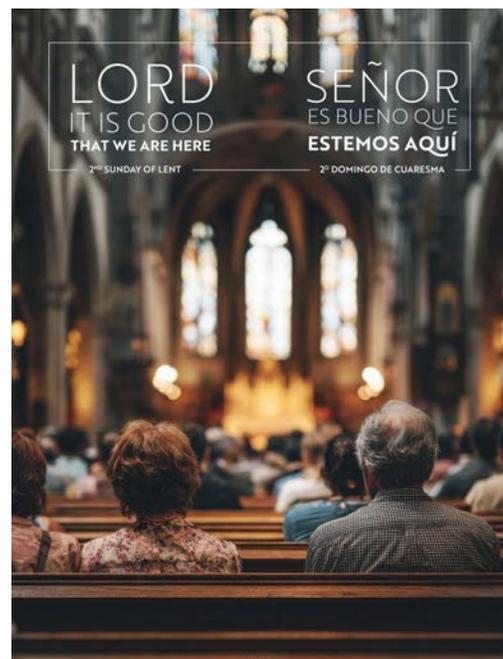
Jesús nos enseña a no temer el proceso de transformación. Así como invitó a sus discípulos a bajar del monte para enfrentar el camino hacia su entrega, también nos invita a descender hacia nuestra propia conversión, confiando en que Dios camina con nosotros.

Vayamos juntos hacia la alegría plena de la Pascua.

Bendiciones.

Caminemos juntos rumo à alegria plena da Páscoa.

Bênçãos.





**BUILDING
TOGETHER
WITH HOPE**
ST. JUDE

CONSTRUYENDO
JUNTOS CON
ESPERANZA.
• CATHOLIC CHURCH

FEBRUARY 2026 | ISSUE #7

Campaign News & Updates



PACKETS ARE ON THE WAY

Thank you to everyone who attended our recent campaign receptions. We are thrilled by the initial wave of support and excitement for our parish's future.

Check Your Mail: We have mailed campaign packets to all households who have **not** yet received one. You should see yours in your mailbox in the coming days.

Can't Wait? If you would like to review the materials today, extra packets are available at the back of the church. Please feel free to take one home after Mass to learn more about our goals and how you can participate.

Every gift, regardless of size, helps us reach our goal. We look forward to our upcoming Commitment Weekend in March!

WWW.STJUDECHURCHSARASOTA.COM



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• CATHOLIC CHURCH

FEBRERO 2026 | #7

Noticias y Actualizaciones de la Campaña



¡LOS PAQUETES YA ESTÁN EN CAMINO!

Muchas gracias a todas las familias que nos acompañaron en nuestras recientes recepciones de campaña. Nos llena de alegría sentir el gran apoyo y el entusiasmo por el futuro de nuestra parroquia San Judas.

- Ya hemos enviado por correo los paquetes informativos a todos los hogares que aún **no han recibido** el suyo. Debería recibir el suyo en casa en los próximos días.
- Si prefiere revisar los materiales hoy, tenemos paquetes adicionales disponibles en la mesa de la campaña. Le invitamos a llevarse uno a casa después de la misa para conocer más sobre nuestras metas y cómo puede ser parte de este gran esfuerzo.

Recuerde que cada donación, sin importar su tamaño, es una bendición que nos acerca a nuestra meta.

WWW.STJUDECHURCHSARASOTA.COM

Out of respect for the Eucharist, the celebrant priest and for the congregation, please **DO NOT** leave the Church right after Communion, but stay until the final Blessing. *Thank you!!*

Pray for



Recen por

Our **BROTHERS and SISTERS** who are in need of prayers

Nuestros HERMANOS y HERMANAS que necesitan oraciones

Gustavo Mendez	Kerri Connors	Jaime Builes
Andres Segovia	Emily Arkutik	Amber Gottovi
Lucía Almazán	Jenna	Beatriz Almaguer
Irene Martínez	Jessica Tinoco	Gloria Landrau
Barbara García	Victor Manuel	Chuck Walls
Alicia Mirandilla	Sánchez	Ann Quigley
Bonnie Turgeon	Margie Moreland	Mary Quigley
José A. Sierra	Patti Baginski	Jim & Gladys Weir
Ramos	Aida Cabo	Ana María Badua
Cheryl A. Prinjinski	Yelitzta Carolina	Dorothy Jacobs
	Victoria Erquiaga	Linda Menusan

Our Lady of Fatima Rosary for Peace

First Saturday of the month, March 7, 2026

After the 7:30 am Mass **All are invited!**

Devoción al Inmaculado Corazón de María

7 de marzo del 2026

Después de la Misa de las 7 pm. **¡Todos estan invitados!**

Rosary Makers

March 9th 10am Room A2

Join our Rosary Makers group and learn to make beautiful rosaries.

Miraculous Medal Novena

FIRST SATURDAY of the MONTH after the 7:30 a.m. Mass.

Gift Bearers

EVERY SATURDAY & SUNDAY

Those who have offered Mass intentions for Saturdays, 4:00 p.m. and Sundays, 10:30 a.m. Mass, are invited to bring the offertory gifts. Please approach an Usher before Mass for arrangements.



Adoration of The Blessed Sacrament

EVERY THURSDAY
From 8:00 am through Friday at 7:00 pm

Adoración al Santísimo Sacramento

TODOS LOS JUEVES
De 8:00 am hasta el viernes a las 7:00 pm

St. Jude Young Adult
Lent Retreat
**THE JOY OF
CHRIST**
MARCH 8TH 12:30PM - 6:00PM
LED BY: Father Christian Chami LOCATION: St. Jude Festival Grounds
Ages 20-35 Free Retreat
SCAN QR CODE TO REGISTER

MARCH MEETING SCHEDULE

<p>WED 4</p> <p>YAG MEETING @OLA: SPECIAL GUEST FROM SARASOTA COMMUNITY PREGNANCY CLINIC 12905 SR-70 E LAKEWOOD RANCH 7:30PM-9:00PM</p>	<p>SUN 8</p> <p>YOUNG ADULT LENT RETREAT: THE JOY OF CHRIST ST. JUDE FESTIVAL GROUNDS 12:30PM-6PM</p>
<p>WED 11</p> <p>YAG MEETING: TALK ON ST. EPHREM AND THE LENTEN PRAYER ST. JUDE- ROOM A1 7:30PM-9:00PM</p>	<p>WED 18</p> <p>SOCIAL NIGHT: UTC POP STROKE 195 UNIVERSITY TOWN CENTER DR. SARASOTA, FL 34243 7:30PM</p>
<p>WED 25</p> <p>YAG MEETING: SACRAMENT OF MARRIAGE ST. JUDE- ROOM A1 7:30PM-9:00PM</p>	

FOR MORE INFORMATION, DM US ON INSTAGRAM @ST.JUDE_YOUNGADULTS OR SCAN/CLICK QR CODE IN THE TOP LEFT CORNER TO JOIN OUR DISCORD FOR UPDATES
REMINDER: ADORATION AVAILABLE @ST. JUDE CHAPEL THURSDAY 8AM TO FRIDAY 7PM

Ministerio "Conecciones en San Judas"

El Ministerio Conexiones en San Judas está reclutando voluntarios para hacer contactos con personas confinadas en sus casas por diferentes razones. Para más información puede llamar a la oficina al **941 - 955 - 3934** o a Carmen Rodriguez al **860 - 922 - 4585**, correo electrónico, carmenossm@outlook.com.



Your experience, your encouragement, your support: these are gifts that can shape someone's future.

Discover how you can make a difference at our **Mentoring Mixer Interest Meeting**.

Monday, March 9th
12:00 PM – 1:00 PM

Location: St. Jude Catholic Church

Help students and adults grow, achieve, and reach their dreams.

Contact Bianca at **(941) 387-4546** for more details.

RSVP now using QR code or link: <https://forms.gle/8WeDc4nUcmzhXCLE9>



Tu experiencia, tu ánimo, tu apoyo: estos son regalos que pueden forjar el futuro de alguien.

Descubre cómo puedes marcar la diferencia en nuestra **Reunión Mixta de Mentoría**.

Lunes, 9 de marzo
12:00 PM a 1:00 PM

Lugar: Iglesia Católica de San Judas

Ayude a los estudiantes y adultos a crecer, lograr y alcanzar sus sueños.

Contactar a **Bianca**
al **(941) 387-4546** para mas detalles.

Confirma tu asistencia usando el código QR o el enlace: <https://forms.gle/8WeDc4nUcmzhXCLE9>

<https://forms.gle/8WeDc4nUcmzhXCLE9>

St Jude Food Pantry

EVERY WEDNESDAY FROM / TODOS LOS MIERCOLES DE
3:30 PM - 6:30 PM

Weekly Report / Reporte Semanal
Feb. 16 - 22, 2026

Total Individuals Served: **529**

Total Household Served: **239**

Items needed: Cereal, diapers, baby wipes, soup, macaroni & cheese, peanut butter, jelly, canned meals & fruit, pasta, rice, tuna & potatoes (box or canned).

Please DO NOT bring opened or expired items or boxes.

Artículos necesitados: Cereal, pañales y toallitas para bebé, sopas, macarrones con queso, mantequilla de maní, jalea, comidas enlatadas y frutas, pasta, arroz, tuna y papas (de caja enlatado).

Por favor NO TRAER cajas o articulos abiertos o expirados.

Thank you for your continued support!
¡Gracias por su continuo apoyo!

We always need Volunteers
Siempre necesitamos Voluntarios

Catholic Faith Appeal

"Tell them to do good...be generous, ready to share." (1 Thim 6:18)



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ST. JUDE
CATHOLIC CHURCH

Goal
\$187,000.00

WAYS TO GIVE

In Person

Place Cash or Check in the envelopes provided. Then put envelopes in drop boxes around the Sanctuary or Parish Office.



SCAN TO GIVE

First 2026 Collection
Feb. 28 & March 1st

Offertory Collection

Colecta del Fin de Semana

February 22nd- \$13,185.00

50/50 Raffle Winner - Mis Fran
Total amount received \$65

Thank You For Your Support !
¡Gracias Por Su Apoyo!

DIOCESAN EVENTS AROUND TOWN

Lenten Parish Mission - March 1 - 4 - Our Lady of Lourdes Parish, 1301 Center Rd, Venice beginning at 5:30 p.m. Call 941-497-2931 for more information.

Royal Rummage Sale XVIII - March 7 - 9 am-Noon - St Mary, Star of the Sea Parish - 4280 Gulf of Mexico Dr.

Milestone Wedding Anniversary - March 14 - 11am - St Thomas More Parish - Register with your local Parish, at least 1 week before the event or earlier.

Men's Emmaus Weekend Retreat - March 20 - 22
Our Lady of Perpetual Help Retreat Center - Venice
Contact Dave Murray at 419-250-6399 or davemurray405@gmail.com

Day of Reflection Marriage Retreat - March 21
8:30am to 4pm - Our Lady of Perpetual Help Retreat Center in Venice - Registration required - Cost: \$60

Chrism Mass - March 31 - 10:30am - St Leo the Great Parish - 28290 Beaumont Rd., Bonita Spring



EVERY 40 SECONDS, SOMEONE IN THE U.S. IS HAVING A STROKE!

Stroke Scan Plus and **St. Jude Catholic Church** will be hosting lifesaving, wellness ultrasound screenings on **Wednesday, March 18th - Thursday, March 19th**. It is important to perform preventive maintenance for ourselves yearly. Do you have **high blood pressure** or **high cholesterol**, **diabetes**, or a family history of **heart disease**, **stroke**, **abdominal aneurysm**, or **internal cancers**? If so, do not miss this opportunity for early detection of a possibly serious disease.

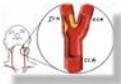
These screenings are typically **NOT** performed at your annual check-up, and insurance companies may not pay for them unless you are symptomatic. **Stroke Scan Plus** will be offering them to you for **\$179** for all 7 combined ultrasound screenings (Stroke, AAA, Thyroid, Liver, Kidneys, & Gallbladder). Blood testing will incur an additional cost. Insurance is **NOT** necessary, and appointments are limited. Stroke Scan will be available at the church for you to register on **Saturday, March 7th - Sunday, March 8th**, or please call 832-437-7355 to schedule an appointment today for you or a loved one. The screenings will take place in/at the **St. Jude Catholic Church**. Prevention is your key to quality health!
www.strokescan.com.



Vascular & Organ Wellness Ultrasound Screenings
St. Jude Catholic Church
Wednesday, March 18th - Thursday, March 19th
 Please call 832-437-7355 for your appointment.

Do You Have Any of These Risk Factors?
 High Blood Pressure • High Cholesterol • Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer • Diabetes • Atrial Fibrillation • Obesity

The first symptom of a stroke IS a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.

	<p>Stroke Risk Screening Ultrasound of the carotid artery looking for plaque or blocked arteries.</p>		<p>Liver Screening Ultrasound looking for physical lesions such as masses or tumors.</p>
	<p>Abdominal Aortic Aneurysm Screening Ultrasound of the abdominal aorta looking for an aneurysm.</p>		<p>Kidneys (2) Screening[†] Ultrasound looking for physical lesions such as cysts, masses and stones.</p>
	<p>Thyroid Screening[†] Ultrasound looking for physical lesions such as nodules or cysts.</p>		<p>Gallbladder Screening[†] Ultrasound looking for physical lesions such as polyps, stones, and sludge.</p>

Total Discounted Package: All 7 Ultrasounds for \$179
 Appointments: 832-437-7355; [†] No substitutions or discounts allowed

<p>Additional Testing Available* (not included in package cost)</p> <ul style="list-style-type: none"> • A1c (Diabetes) \$25 • Lipids/Cholesterol \$25 • VTD (Vitamin D) \$45 • PSA (Prostate) \$45 • TSH (Thyroid) \$45 • CRP (Cardiac/Inflammation) \$45 • COR (Cortisol/Adrenal Glands) \$45 • GGT (Liver Enzyme) \$45 • CRE (Kidney Creatinine Serum) \$45 • TTE (Testosterone) \$45 • Bone Density (T-Score) \$25 		<p>Screening Preparations</p> <ul style="list-style-type: none"> • Wear a two-piece comfortable outfit, no dresses. • No food or caffeine 4 hours prior to screening. • If you are diabetic, make sure to eat a light snack. • No chewing gum before the exams. • 8 hours fast if having the cholesterol test. • If you are taking medication, continue to take it.
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 For blood package pricing, open phone camera, hover over QR code and tap the link.

Saving Lives Since 2001!



*Bloodwork may not be available in all regions.

Results read by a board-certified radiologist and available for your review online (with PDF download) typically, within 1 week. You will receive an email/text when ready. Mailed, hard-copy results incur an extra cost. Life threatening results expedited. Unless you are symptomatic, typically, your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 300 lb. weight limit on the medical screening tables.
 Stroke Scan Plus www.strokescan.com (ENG 011025)

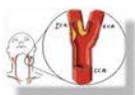
CADA 40 SEGUNDOS, ALGUIEN EN LOS ESTADOS UNIDOS PRESENTA UN ATAQUE CEREBRAL!

El **miércoles, 18 de marzo - jueves, 19 de marzo**, Stroke Scan Plus y St. Jude Catholic Church realizará exámenes preventivos vasculares con ultrasonido en **St. Jude Catholic Church**. Se examinarán dos áreas del cuerpo (Paquete Vascular): **las arterias carótidas del cuello** en busca de placas de grasa, lo cual es la causa #1 de ataques cerebrales; **la aorta abdominal baja** en busca de aneurismas. Estos exámenes cuestan regularmente, en los hospitales, entre \$500 a \$1,200 cada uno. Stroke Scan ofrecerá dichos exámenes por solo **\$179** (costo total). Como cortesía, junto con el Paquete Vascular, también se examinarán la **tiroides, hígado, vesícula y riñones**, sin ningún costo adicional. Los análisis de sangre tendrán un costo adicional. Si usted quiere beneficiarse de estos exámenes, Stroke Scan estará aquí, en la iglesia, el día **sábado, 7 de marzo - domingo, 8 de marzo**, para que usted se registre. También puede llamar a solicitar una cita al teléfono: **832-437- 7355**. www.strokescan.com.

Exámenes Preventivos de Ultrasonido
St. Jude Catholic Church
miércoles, 18 de marzo - jueves, 19 de marzo
 Llamar al 832-437-7355 para hacer su cita.

¿Tiene Usted Algunos de Estos Factores de Alto Riesgo para Enfermedades Cardiovasculares?
 Tensión Arterial Alta ♦ Colesterol Alto ♦ Historial Familiar de Ataque Cerebral, Ataque del Corazón,
 Aneurisma Aórtico o Cáncer ♦ Diabetes ♦ Fibrilación Auricular ♦ Obesidad

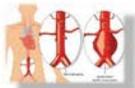
¡El primer síntoma del derrame cerebral ES un derrame! La detección temprana ayuda salvar vidas. Maneje estos riesgos controlables: fumar, dieta mala, falta de ejercicio, peso excesivo, y consumo excesivo de alcohol.



Riesgo de Derrames Cerebrales
 Ultrasonido de las arterias carótidas buscando placas o bloqueos.



Examen del Hígado
 Ultrasonido en donde se buscan lesiones físicas como masas o tumores.



Aneurisma Aórtico Abdominal
 Ultrasonido de la aorta abdominal buscando aneurisma.



Examen de los Riñones (2)†
 Ultrasonido en donde se buscan lesiones físicas como quistes, masas y cálculos renales.



Examen de las Tiroides†
 Ultrasonido en donde se buscan lesiones físicas como nódulos o quistes.



Examen de la Vesícula†
 Ultrasonido en donde se buscan lesiones físicas como pólipos, cálculos y lodo.

Paquete de 7 Exámenes de Ultrasonido Por \$179
 Citas: 832-437-7355; †No se permiten sustituciones o descuentos

Exámenes Adicionales Disponibles* (costo adicional)

- A1c (Diabetes) \$25
- Lípidos/Colesterol \$25
- VTD (Vitamina D) \$45
- PSA (Próstata) \$45
- TSH (Tiroides) \$45
- CRP (Inflamación Cardiovascular) \$45
- COR (Cortisol/Glándulas suprarrenales) \$45
- GGT (Enzimas Hepáticas) \$45
- CRE (Creatinina Sérica) \$45
- TTE (Testosterona) \$45
- Densidad Ósea (T-Score) \$25



Mas exámenes disponibles. Apunte su cámara al código QR. Presione el banner que aparece.

Preparación:

- Usar ropa de dos piezas cómodas.
- No comer nada o tomar cafeína 4 horas antes del análisis.
- Si es diabético, haga una comida ligera.
- No mascar chicle antes de los exámenes.
- Ayunar 8 horas antes de la prueba de colesterol.
- Si toma algún medicamento, continúe tomándolo.

¡Salvando Vidas Desde 2001!



* Estos exámenes no están incluidos en Paquete de Ultrasonidos (tienen costo adicional) y no están disponibles en todos los estados.

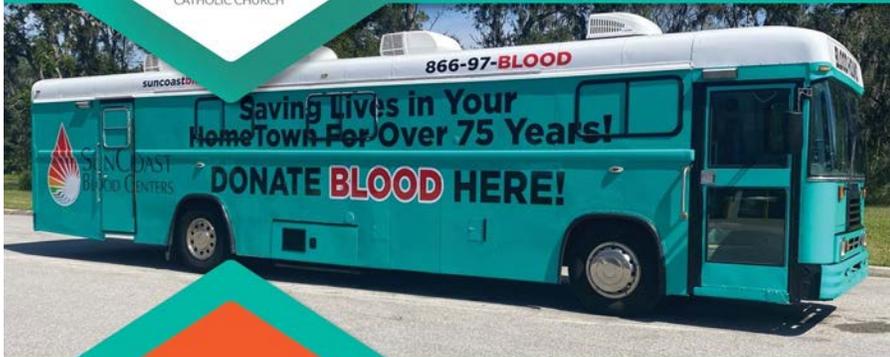
Los resultados son leídos por un radiólogo certificado de la Junta Médica y estarán disponibles en línea (o descarga en PDF) en 1 semana aproximadamente, envío por servicio de correo tendrá un costo adicional. Si los resultados amenazan su vida, se acelerará la entrega. A menos que usted ya presente síntomas, por lo general, su médico no ordenará las versiones diagnósticas de estos exámenes y las compañías de seguros no pagan por ellos. Limite de 300 libras en las camas de los exámenes. Stroke Scan Plus www.strokescan.com (SPA 011025)

Ash Wednesday at St Jude Church





BLOOD DRIVE



DRIVE CODE: 6182

GET AN INSTANT \$30 E-GIFT CARD



Scan the Code to make an appointment. Walk-Ins Welcome!

**SUNDAY, MARCH 8TH
8:30AM - 3:00PM**

ST. JUDE CATHOLIC CHURCH
3930 17TH ST.
SARASOTA, FL

1-866-97-BLOOD
suncoastblood.org




Volunteer Needed

We need your help. If you are interested in making a difference in our community, please consider joining one of the following ministries:

Necesitamos su ayuda. Si le interesa marcar la diferencia en nuestra comunidad, considere unirse a uno de los siguientes ministerios:

New Church Capital Campaign - Campaña Capital para la Nueva Iglesia
English Mentor
Catechist - Catequistas

941 955-3934 [REGISTER HERE](#)




2nd Sunday of Lent

V	S	P	L	E	A	S	E	D	C
N	C	L	O	U	D	U	X	E	T
M	S	R	P	Q	L	I	G	H	T
V	O	L	B	R	W	E	L	M	E
I	Y	U	W	R	T	S	U	N	N
S	J	A	N	M	O	R	A	H	T
I	E	I	E	T	P	T	I	A	S
O	C	Y	O	B	A	F	H	S	H
N	I	C	E	L	L	I	C	E	E
J	D	N	G	S	D	L	N	U	R

Brother Mountain Sun Light
Tents Cloud Pleas'd Rise Eyes Vision

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JOIN US FOR A WEEKEND IN THE LIFE OF A SEMINARIAN!



VOCATION AWARENESS Weekend

FELLOWSHIP PRAYER FUN



SAINT JOHN VIANNEY COLLEGE SEMINARY

MARCH 6-8, 2026

OPEN TO YOUNG MEN AGES 17+

Transportation will be provided



CONTACT LINA JOHNSON TO REGISTER: johnson@dioceseofvenice.org 941-486-4720



La Santa Misa es transmitida en Español todos los Domingos, a las 8 a.m. por la 99.1 y a las 10 a.m. por la 105.3.



Agradecemos a SOLMART Media por su colaboración y a los Patrocinadores por hacer posible su transmisión.